

Imam Ali Ridha's a.s advice for good health

Pomegranate is the fruit of paradise. There is one seed from Paradise in every pomegranate growing on earth.

Recitation of Quraan and taking honey with milk sharpens one's memory.

Satan does not visit for forty days a person who applies olive oil to his head or uses it in food.

Don't forget to drink **milk** with **honey** everyday and recite salwaat for our beloved Imam.

Color the picture

