

Namaaz **B**

Ages 5 & 6

Dedicated

to our beloved Imam

## Sahib-uz-Zaman (AF)

وَ صِيُّ الْحَسَنِ وَ الْخَلْفُ الْحُجَّةُ  
أَيُّهَا الْقَائِمُ الْمُنْتَظَرُ الْمَهْدِيُّ

## Du'a-e-Imam-e-'Asr (AF)

In the Name of Allah (swt),  
The Most Beneficent, The Most Merciful

O Allah, send blessings on Muhammad and his progeny

O Allah, become, now and always,  
the Guardian, Shield, Leader,  
Helper, Guide, and Protector  
of Your wali (representative),  
Al-Hujjat-ibn-Al-Hasan  
(Your blessings be on him and his forefathers),  
so that he may become firmly established on Your earth  
and govern for a long time.

## **Acknowledgements**

The Shi'a Ithna 'Asheri Madressa ([www.madressa.net](http://www.madressa.net))

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# Kalemah

لَا إِلَهَ إِلَّا اللَّهُ

**There is no god but Allah (SWT).**

مُحَمَّدٌ رَسُولُ اللَّهِ

**Prophet Muhammad (SAW) is the messenger of Allah (SWT).**

عَلِيٌّ وَوَلِيُّ اللَّهِ

**Imam 'Ali (AS) is the guardian (Imam) appointed by Allah (SWT),**

وَصِيِّ رَسُولِ اللَّهِ

**The successor of the Prophet (SAW),**

وَ خَلِيفَتُهُ بِأَمْرِ اللَّهِ

**And the Khalifah immediately (after the Prophet [SAW]).**

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## 1. Introduction: Worshiping Allah (SWT) Every Day

If something falls down from your schoolbag and your friend picks it up for you, what do you say? You say “thank you.” Why? Because whenever someone helps you, it is good manners to thank him.

Allah (SWT) has always, and will always, help us. He created us, gave us eyes to see, ears to hear, a nose to smell, a mouth to taste, hands to hold things, legs to walk and run, and many other things. Therefore, we must thank Allah (SWT) all the time.

One important way of thanking Allah (SWT) is known as ***namaaz***. Namaaz is to pray to Allah (SWT) in a special way. It is one of the ***Furoo’-e-Deen*** (Branches of Religion).

## 2. Five Daily Namaaz

There are five very important daily namaaz:

- Fajr
- Zuhr
- ‘Asr
- Maghrib
- ‘Isha

### 3. Before Performing Namaaz

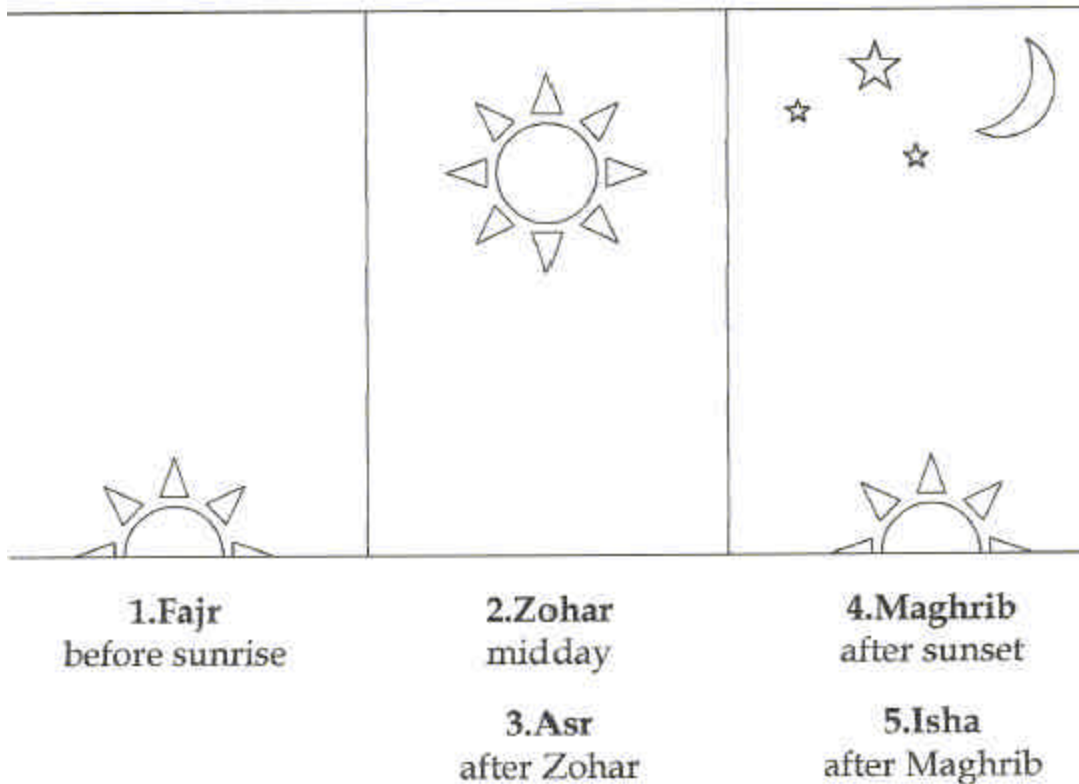
Before a person can perform namaaz, there are some things he should know:

#### ✓ Times of the Daily Namaaz

- Fajr From true dawn up to sunrise
- Zuhr & 'Asr From midday noon up to sunset
- Maghrib & 'Isha From sunset up to midnight

Memorize the five Prayers and their times of day  
Color the different times of day

## Five Daily Prayers

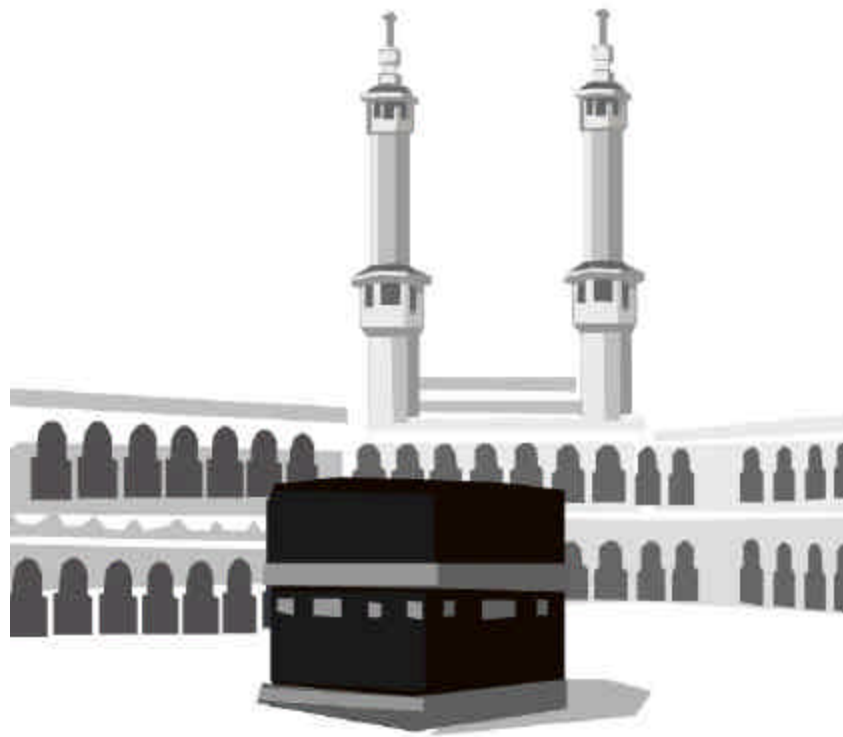


## ✓ **Direction of Namaaz**

When you are ready to perform namaaz, what direction should you face?  
Everyone should perform namaaz facing the direction of the Holy Ka'bah in Makkah. This is called the **qiblah**.

How can we find qiblah?

- Ask a reliable person
- Use a compass
- Look at the mihrab in the masjid
- Look at the direction of graves in a Muslim graveyard



## ✓ **Tahaarat of Clothes and Body**

- Your body must be clean
- **Wudhoo** must be performed



## 4. Preparation for Namaaz

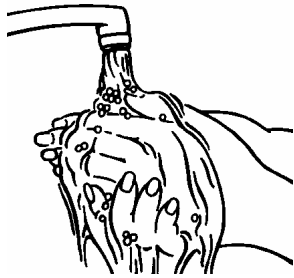
### ✓ Wudhoo

**Wudhoo** is a special way to wash yourself before namaaz. You must do Wudhoo before performing namaaz. It is also good to do wudhoo before sleeping and going to the Imam-baargah. If you are angry, doing wudhoo will calm you down. In fact, it is good to try to have wudhoo all the time.

Before doing wudhoo, roll up your sleeves and take off your socks. If you are wearing a watch, ring, glasses, or hijaab, take them off too. Remember to wear slippers if the floor is dirty.

Start your wudhoo:

- Wash both hands 3 times



- Rinse the mouth 3 times



- Rinse the nose 3 times



- Say: “I am doing wudhoo, qurbatan ilallah”

- Wash the face 2 times



- Rinse the right arm and left arm 2 times



- Masah of the head 1 time



- Masah of the feet 1 time



## ✓ Adhaan (Call to Namaaz)

After getting ready for namaaz and doing wudhoo, you should stand facing qiblah and recite adhaan. If someone else is reciting adhaan, listen carefully and repeat after them. Adhaan is called in a loud voice, so that many can hear it loud and clear. Adhaan is recited as follows:

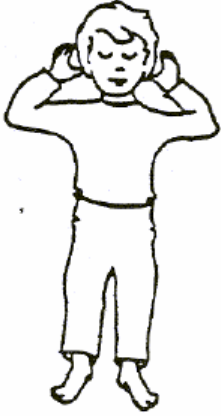
- 4 times: الله أكبر
- 2 times: أشهد أن لا إله إلا الله
- 2 times: أشهد أن محمداً رسول الله
- 2 times: أشهد أن علياً ولي الله
- 2 times: حتى على الصلاة
- 2 times: حتى على الفلاح
- 2 times: حتى على خير العمل
- 2 times: الله أكبر
- 2 times: لا إله إلا الله

✓ **Iqaamah (Call to Begin Namaaz)**

Iqaamah is very similar to adhaan with a few differences:

- 2 times: الله أكبر
- 2 times: أشهد أن لا إله إلا الله
- 2 times: أشهد أن محمداً رسول الله
- 2 times: أشهد أن علياً ولي الله
- 2 times: حتى على الصلاة
- 2 times: حتى على الفلاح
- 2 times: حتى على خير العمل
- 2 times: قد قامت الصلاة
- 2 times: الله أكبر
- 1 times: لا إله إلا الله

## 5. Namaaz Positions



Takbeeratul  
Ihram



Qiyam



Rukoo



Sajda



Juloos

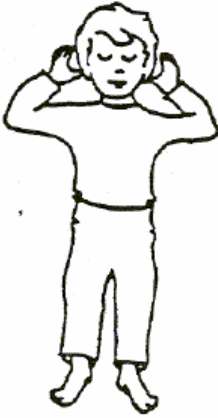


Qunoot

## 6. The Zikr in Namaaz

After adhaan and iqamah, you are ready to begin performing namaaz. Remember, no moving around during namaaz. Learn the **zhikr** (what to say) of namaaz for each position:

### ✓ Takbeeratul ihraam



Raise the hands up to the ears and say: اللَّهُ أَكْبَرُ

### ✓ Qiyaam



Recite Surah al-Faatihah:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ  
الرَّحْمَنِ الرَّحِيمِ  
مَالِكِ يَوْمِ الدِّينِ  
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ  
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ  
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ  
غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

And:

Recite Surah al-Ikhlâas:

1.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

2.

قُلْ هُوَ اللَّهُ أَحَدٌ

3.

اللَّهُ الصَّمَدُ

4.

لَمْ يَلِدْ وَلَمْ يُولَدْ

5.

وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

### ✓ Ruku'



Recite this zikr:

سُبْحَانَ رَبِّيَ الْعَظِيمِ وَ بِحَمْدِهِ

Recite salawaat:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

### ✓ Sajdah



Recite this zikr:

سُبْحَانَ رَبِّيَ الْأَعْلَى وَ بِحَمْدِهِ

Recite salawaat:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

✓ **Juloos**



Recite this:

أَسْتَغْفِرُ اللَّهَ رَبِّي وَأَتُوبُ إِلَيْهِ

✓ **Qunoot**



Recite a du'a:

**Rabbey zidnee 'ilmaa**



## 7. Thasbeeh of Bibi Fatima (SA)

Color each a different color

Allaho-Akbar--34

Alhamdo lillah--33

Subhanallah--33

